5 TIPS TO **BOOST YOUR TYPING SPEED**

FOR A TIMED TEST



FLEX YOUR HANDS

Before you begin, flex and move your hands and fingers to warm them up.



WARM UP

Before you start, warm up your fingers by keying a few practice sentences.



TAKE A FEW DEEP BREATHS

Take a deep breath and let it your lungs will help calm your nerves.



KEEP YOUR EYES FOCUSED

Keep your eyes on what you are typing to help you keep a steady pace and increase speed and accuracy.



RELAX. MISTAKES ARE OK

can keep a steady typing pace until the timed test is over.